

Group Health Insurance and Voluntary Dental Insurance Rates

Medical Resident Contributions Effective January 1, 2009-December 31, 2009

2009 BI WEEKLY MEDICAL CONTRIBUTIONS FOR RESIDENTS				
		CareFirst	CIGNA HMO	CIGNA POS
	Coverage Level	Biweekly Premiums	Biweekly Premiums	Biweekly Premiums
	Resident Only	\$0.00	\$64.49	\$47.23
	Resident + One	\$0.00	\$181.35	\$132.82
	Resident + Family	\$0.00	\$295.88	\$216.71

2009 BI WEEKLY DENTAL CONTRIBUTIONS FOR RESIDENTS				
		Aetna High Option	Aetna Low Option	Aetna DMO
	Coverage Level	Biweekly Premiums	Biweekly Premiums	Biweekly Premiums
	Resident Only	\$20.53	\$12.28	\$8.82
	Resident + One	\$44.52	\$26.10	\$20.17
	Resident + Family	\$53.87	\$31.58	\$24.40
NOTE: BIWEEKLY DEDUCTIONS FOR DENTAL COVERAGE WILL BE TAKEN OVER 24 PAY PERIODS.				

Additional Information:

- Deduction amounts will change effective January 1, 2010. You will be advised in November, during open enrollment of the new amounts.
- Deductions are taken on a pre-tax basis so that you do not pay Federal income tax or Social Security tax on your cost for medical or dental coverage