

## Group Health Insurance and Voluntary Dental Insurance Rates Medical Resident Contributions

Effective January 1, 2008-December 31, 2008

### Biweekly Contributions:

#### Medical

Coverage Level	CareFirst BC/BS Select PPO	CIGNA HMO	CIGNA POS
Individual	\$0.00	\$80.66	\$53.48
Individual + One	\$0.00	\$196.08	\$160.72
Individual + Family	\$0.00	\$301.54	\$262.23

#### Dental

Coverage Level	Aetna PPO High Dental	Aetna PPO Low Dental	Aetna DMO
Individual	\$16.52	\$11.49	\$7.34
Individual +One	\$35.82	\$24.43	\$16.78
Individual + Family	\$43.34	\$29.56	\$20.29

#### Additional Information:

- Deduction amounts will change effective January 1, 2009. You will be advised in November, during open enrollment of the new amounts.
- Deductions are taken on a pre-tax basis so that you do not pay Federal income tax or Social Security tax on your cost for medical or dental coverage